



ADÉRITO Seixas

Physiotherapist, Lecturer and
Researcher

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EDUCATION

- PhD Candidate
Universidade do Porto
2009
MSc in Physical Activity
Universidade do Porto
2002
Bachelor in Physiotherapy
Politécnico do Porto

SKILLS

- Education
- Leadership
- Data Analysis
- Critical Analysis
- Scientific Communication

AWARDS (relevant)

2021 | IOP Publishing.
Outstanding Reviewer Award for
the Journal Physiological
Measurement

LANGUAGES

- PORTUGUESE
- ENGLISH
- FRENCH
- SPANISH

ABOUT ME

I am a physiotherapist, higher education teacher and clinical educator in Physiotherapy, passionate for scientific communication, critical analysis and data analysis. Currently, alongside my work as a full-time teacher at Escola Superior de Saúde Fernando Pessoa (Porto, Portugal), I coordinate the Physiotherapy Pedagogical Clinic in the institution, I am a member of the editorial board and maintain regular activity as reviewer in several international scientific journals. I have large experience in publishing research papers.

RELEVANT EXPERIENCE

Fundação Fernando Pessoa
Higher Education Teacher, Clinical Educator and Researcher

- Full-time Professor on the Physiotherapy Graduate course and Master Program (Evidence-based practice, Management, entrepreneurship and innovation, Applied research) (2004 – present)
- Coordinator at the Physiotherapy Pedagogical Clinic (2022 – present)
- Researcher and research supervisor of Graduate and Master students (2004 – present)

Clinical Activity | Physiotherapist

- Private Practice (2002 – present)
- Physiotherapy Pedagogical Clinic FFP (2009 – present)
- Hospital Geral de Sto. António SA (2004)
- Novafisio – Clínica de Reabilitação (2002 – 2006)
- Cooperativa para a Educação e Reabilitação de Crianças Inadaptadas (CERCI Gaia) (2003-2004)
- Grupo Desportivo e Cultural de Gueifães (2002 – 2004)

Professional Development Activities

- Associação Portuguesa de Fisioterapeutas
 - President of the financial council (2022 – present)
 - President of the board (2019 – 2021)
 - Vice-president of the board (2019)
 - Member of the Physiotherapy in Mental Health Working Group (2019 – present)

OTHER (relevant)

Member, including Board
Member of Scientific Societies

Professional Development Activities (Cont.)

- Member of the Quality in Physiotherapy Working Group (2019 – present)
- Ordem dos Fisioterapeutas
 - General Council (2021 – present)
- Europe Region World Physiotherapy
 - Member of the Advocacy & EU Matters Working Group
 - Member of the Musculoskeletal Disorders Working Group / Satelite Group (2020 – present)

Organization of Scientific Events (past 10 years)

Scientific or Technical Committee of 41 scientific events
Organizing Committee of 9 scientific events

RESEARCH PROFILES

- RESEARCHGATE
- GOOGLE SCHOLAR

Scientific Activity

- Collaboration with several research groups (national and international)
- Authored or co-authored more than 80 research articles, published in international peer-reviewed journals
- Authored or co-authored 26 book chapters, published by international publishers
- Authored or co-authored 38 abstracts/full papers in scientifically refereed events
- As member of the Editorial Board, edited several manuscripts submitted to the Journal of Diabetes Research (IF: 4.3) and International Journal of Clinical Practice (IF: 2.6), published by Wiley
- Acted as review editor for Motor Neuroscience (Frontiers in Human Neuroscience - IF: 2.9), Exercise Physiology (Frontiers in Physiology - IF: 4.0) and Neurocognitive Aging and Behavior (Frontiers in Aging Neuroscience - IF: 4.8), reviewing and editing several manuscripts
- Peer-reviewed more than 100 scientific articles

POST-GRADUATIONS

- MANAGEMENT
- DATA-ANALYSIS

POST-GRADUATION | TRAINING COURSES (relevant)

Since graduation I have participate in more than 20 training courses in the scope of Physiotherapy and Biomechanics, especially within the scope of musculoskeletal physiotherapy, and in more than 90 Lectures, Scientific Meetings, Seminars, Workshops, Conferences and Conferences. I have also participated in several courses related to management, research and data analysis:

- Post-Graduations:
 - Executive Master in Physiotherapy Management and Entrepreneurship organized by CESPU Instituto Politécnico de Saúde do Norte (2023). Classification: 17
 - Post-Graduation: Data Analysis, organized by Faculdade de Psicologia e Ciências da Educação da Universidade do Porto (2017). Classification: 17

TRAINING COURSES

300h of relevant training courses in data analysis, management, and scientific communication

- Training Courses
 - AI on Health Education Course, organized by Fundação Fernando Pessoa (2025)
 - Meta-analysis with R, organized by MEDCIDS – Departamento de Medicina da Comunidade, Informação e Decisão em Saúde – Faculdade de Medicina da Universidade do Porto (2021)
 - Communicating science – Life and health sciences, organized by Instituto de Ciências Biomédicas Abel Salazar (2020)
 - Systematic reviews and meta-analysis Course, organized by Faculdade de Ciências da Saúde da Universidade da Beira Interior (2019)
 - Meta-analysis with R, organized by MEDCIDS – Departamento de Medicina da Comunidade, Informação e Decisão em Saúde – Faculdade de Medicina da Universidade do Porto (2021)
 - Project management, organized by JuniFEUP and taught by Associação Portuguesa de Gestão e Engenharia Industrial (2019)
 - Systematic reviews and meta-analysis Course, organized by Faculdade de Ciências da Saúde da Universidade da Beira Interior (2019)
 - Health data analysis: from theory to practice, organized by MEDCIDS – Departamento de Medicina da Comunidade, Informação e Decisão em Saúde – Faculdade de Medicina da Universidade do Porto (2019)
 - Introduction to R: data analysis in Health, organized by the Instituto de Saúde Pública da Universidade do Porto (2019)
 - Evidence-Based Practice and Decision Making in Health, organized by Universidade do Minho (2019)
 - Data Collection and Statistical Treatment in SPSS, organized by Universidade Fernando Pessoa (2019)
 - Introduction to R: management, visualization and univariate and bivariate data analysis, organized by the Faculdade de Psicologia e Ciências da Educação da Universidade do Porto (2019)
 - Post-Graduation: Data Analysis, organized by Faculdade de Psicologia e Ciências da Educação da Universidade do Porto (2017)
 - Introduction to Systematic Review and Meta-Analysis, organized by the Faculdade de Psicologia e Ciências da Educação da Universidade do Porto (2015)
 - Academic Writing in English, organized by Faculdade de Belas Artes da universidade do Porto (2014)